



July 2024

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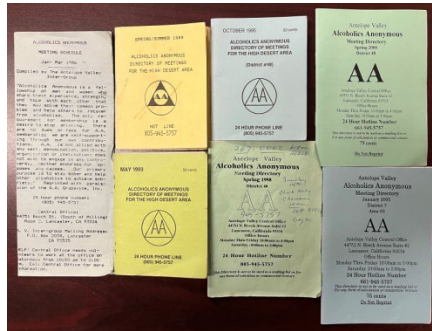
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Please limit submissions to 500

# The Scoop

## AA in the AV 57

AA in the AV 57  
By Bruce L.  
District 7 Archivist



Tracking the AV Men's Stag in old directories.

The directories in this picture, which are in the District 7 Archives at AV Central Office, trace the history of the AV Men's Stag from 1986 to 2005.

- Jan-Mar 1986 – Palmdale Cultural Center
- Spring/Summer 1989 – Palmdale Cultural Center
- May 1993 – Palmdale Cultural Center
- October 1995 – Courson Park
- Spring 1998 – Family Resource Center
- Spring 2000 – Family Resource Center
- January 2005 – Quartz Hill Grange

There were also some interesting little interim meeting spots that don't appear in the directories but are reported by AV longtimers, invaluable oral histories that we must record and archive to preserve the AA legacy in the AV.

## Calendar of Events

*Central Office Intergroup Meeting-1<sup>st</sup> Thursday of the month at Central Office @7pm*  
*Roundup Meeting-1<sup>st</sup> Sunday each month @5:30, Grange*  
*H&I Meeting- 2<sup>nd</sup> Sunday each month @10am, Friends of Bill*  
*District 7 Meeting- 2<sup>nd</sup> Monday each month @ 630*  
*Family Fellowship Feud- Aug 24<sup>th</sup>@6pm, Grange Hall*

## Step 7

*“Humbly asked Him to remove our shortcomings.”*

Since this Step so specifically concerns itself with humility, we should pause here to consider what humility is and what the practice of it can mean to use.

Indeed, the attainment of greater humility is the foundation principle of each of A.A.'s Twelve Steps. For without some degree of humility, no alcoholic can stay sober at all. Nearly all A.A.'s have found, too, that

unless they develop much more of this precious quality than may be required just for sobriety, they still haven't much chance of becoming truly happy. Without it, they cannot live to much useful purpose, or, in adversity, be able to summon the faith that can meet any emergency.

Humility, as a word and as an ideal, has a very bad time of it in our world. Not only is the idea misunderstood; the word itself is often intensely disliked. Many people haven't even a nodding acquaintance with humility as a way of life. Much of the everyday talk we hear, and a great deal of what we read, highlights man's pride in his own achievements.

The chief activator of our defects have been self-centered fear—primarily fear that we would lose something we already possessed or would fail to get something we demanded. Living upon a basis of unsatisfied demands, we were in a state of continual disturbance and frustration. Therefore, no peace was to be had unless we could find a means of reducing these demands. The difference between a demand and a simple request is plain to anyone.

*Last paragraph on Step 7 in the 12x12:* The Seventh Step is where we make the change in our attitude which permits us, with humility as our guide, to move out from ourselves toward others and toward God. The whole emphasis of Step Seven is on humility. It is really saying to us that we now ought to be willing to try humility in seeking the removal of our others

shortcomings just as we did when we admitted that we were powerless over alcohol,, and came to believe that a Power greater than ourselves could restore us to sanity. If that degree of humility could enable us to find the grace by which such a deadly obsession could be banished, then there must be hope of the same result respecting any other problem we could possibly have.

**My story is not glamorous,** as I didn't take a panel myself.

Over the years, I was a willing volunteer to be on panels and take panels for the leaders who couldn't do it at that time.

I started with H & I around February 2013, when I was 6 months sober. I went to Acton with my sponsor and a panel leader, and with other women. I learned about sharing my experience, strength and hope.

I got to take other women with me to Acton several times. I went on a couple of panels here at Tarzana at the youth group. I didn't believe I had anything to share with such young people. After one meeting though, a young man came up to ask me questions about my job, as that was the reason I came in the rooms due to my drinking and being absent at work, etc.

When I took a panel for someone, sometimes it was hard to get other women to come with me due to the time or day the

panel was. There was one friend who always came with me, I could count on her, but one time, the last panel I did for a leader, she couldn't come due to illness, so I did that one by myself. What an experience. We got together in a circle, and it turned out okay. I believe the women and I learned something at that meeting.

I brought cakes, cookies, and also, I made a couple of quilts and pillows for them. I sometimes donated sobriety chips, scoops, and some directories or pamphlets.

I saw some of the women after they left the facility, and was grateful to see them staying sober, and helping other women.

I have attended the Homebound Group meetings, where there is a meeting at someone's house who cannot get out to other meetings due to longtime illness or injury.

I am on the H & I board now as their Intergroup Representative and I am the cake person.

H & I is so rewarding, keeping me sober and sane today, one day at a time.

By Wendy, A.A. 2012

## **The 7th Tradition**

***“Every A.A. group ought to be fully self-supporting, declining outside contributions.”***

Self-supporting alcoholics? Who ever heard of such a thing? Yet we find that's

what we have to be. This principle is telling evidence of the profound change that A.A. has wrought in all of us. Everybody knows that active alcoholics scream that they have no troubles money can't cure. Always, we've had our hands out. Time out of mind we've been dependent upon somebody, usually moneywise. When a society composed entirely of alcoholics says it's going to pay its bills, that's really news.

Probably no A.A. Tradition had the labor pains this one did. In early times, we were all broke. When you add to this the habitual supposition that people ought to give money to alcoholics trying to stay sober, it can be understood why we thought we deserved a pile of folding money. What great things A.A. would be able to do with it! But oddly enough, people who had money thought otherwise. They figured that it was high time we now—sober—paid our own way. So our fellowship stayed poor because it had to.

**Please share** with your groups that AV Central Office must receive donations from individuals and groups in order to stay open. Part of spreading the message is keeping the office open. This is the telephone number many alcoholics get sober calling! If members of AA would be so inclined to stop by the office when they are passing by and drop a few dollars into the donation hopper this would be a

big step in the proper direction. Remember what we spent on alcohol and other things before joining AA. Certainly as part of our 12 steps we can keep our primary contact for AA open in the Antelope Valley!

Without our Intergroup office not only will it not be available 24 hours to newcomers; the groups will have difficulty in attracting new members to our groups. Remember the newcomer is the life blood of AA.

- Robert K., AVCO  
Treasurer

## **Seventh Concept:**

The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness.

The General Service Conference of Alcoholics Anonymous is the guardian of the World Services and of the Twelve Traditions of Alcoholics Anonymous. The Conference shall be a service body only; never a government for Alcoholics Anonymous.

The General Service Board of Alcoholics Anonymous shall be an incorporated Trusteeship composed of alcoholics and nonalcoholics who

choose their own successors, these choices being subject, however, to the approval of the Conference or a committee thereof. Alcoholic out-of-town Trustees are, however, first nominated by their areas or by their State or Provincial Committees after being cleared by the Conference Nominating Committee.

The Conference will advise with the Trustees, Directors and Staff members of the Headquarters upon all matters presented as affecting A.A. as a whole, engage in debate, appoint necessary committees and pass suitable resolutions for the advice or direction of the General Service Board and the Headquarters.

The Conference may also discuss and recommend appropriate action respecting serious deviations from A.A. Tradition or harmful misuse of the name, "Alcoholics Anonymous."

Most A.A. members are primarily interested in their groups, in their own sobriety, and in helping other drunks one-on-one. And that is as it should be. While the work of general service has precisely the same objective-carrying the message to the alcoholic who still suffers- the connection is not always direct or obvious. Some stimulators are usually needed to get the attention of A.A. members-to show them that service can add rich dimension to their sober lives and Twelfth Step work, and that their participation is vital to the future of AA

# July 2024 Office Manager Report

	Jan - May	Jun	YTD Total
Sales of Goods	\$22,543.23	\$3,900.20	\$26,443.43
Expenses	(\$27,732.95)	(\$4,671.75)	(\$32,404.70)
Cost of Goods	(\$18,106.36)	(\$1,918.05)	(\$20,024.41)
Contributions	\$18,200.39	\$2,582.72	\$20,783.11

**Net Income (\$5,095.69) (\$106.88) (\$5,202.57)**



Contributions			
Group	Jan - May	Jun	Total
A Gathering of Women	\$671.25		\$671.25
AM/Mid-Day Mod	\$2,192.21	\$868.58	\$3,060.79
Anonymous	\$1,115.72	\$558.18	\$1,673.90
Any Lengths Group	\$0.00		\$0.00
AV Hospital	\$484.00		\$484.00
AV Men's Stag	\$642.22		\$642.22
AV Roundup	\$0.00		\$0.00
AVYPAA	\$0.00		\$0.00
Backus Any Length	\$0.00		\$0.00
Birthday	\$133.00	\$120.00	\$253.00
Cal City Clubhouse	\$0.00		\$0.00
Came to Believe - Alano Club	\$0.00		\$0.00
Crown Valley Group	\$1,842.68	\$72.00	\$1,914.68
Daily Reflections	\$130.41		\$130.41
Dare to be Different - Alano Club	\$0.00		\$0.00
District 7	\$271.49		\$271.49
Faithful Fiver	\$309.00	\$26.00	\$335.00
Friday Noon - Alano	\$0.00		\$0.00
High Desert BB Grp	\$2,572.78		\$2,572.78
Intergroup Fundraisers	\$3,541.00		\$3,541.00
Into Action	\$0.00		\$0.00
Joe & Charlie Book Study - Alano	\$200.00		\$200.00
Lake Hughes Group	\$180.00	\$2.61	\$182.61
New Beginnings	\$0.00		\$0.00
Open Door	\$0.00		\$0.00
Open Participation	\$0.00		\$0.00
Palmdale Grp	\$0.00	\$85.61	\$85.61
Palmdale Mon Noon 12 & 12	\$375.00		\$375.00
Pearblossom Grp	\$0.00		\$0.00
PM Mod	\$268.26		\$268.26
Quartz Hill Unity Grp	\$731.43	\$382.31	\$1,113.74
Rainbow Grp	\$250.00	\$175.00	\$425.00
Recovery @ The Ranch	\$0.00		\$0.00
Rosamond Sun Night	\$0.00		\$0.00
Rule 62 Grp	\$0.00		\$0.00
Sat AM Men's Stag	\$102.08		\$102.08
Sat Spkr Mtg - Alano	\$0.00		\$0.00
Sobriety Rocks	\$0.00		\$0.00
Step Workshop Meeting	\$168.00		\$168.00
Sun Night BBS	\$214.00	\$2.00	\$216.00
The Promises - Alano Club	\$0.00		\$0.00
Thurs Night Step Study	\$0.00		\$0.00
Tuesday Topic Mtg - Alano	\$77.00		\$77.00
Unity Group	\$0.00		\$0.00
Wed Night BBS	\$140.00		\$140.00
Westside Grp	\$100.00		\$100.00
Women in Recovery	\$0.00		\$0.00
Women Seeking Serenity	\$65.00		\$65.00
Sober Sisters	\$0.00		\$0.00
<i>Digital Contributions</i>	<i>\$1,423.86</i>	<i>\$290.43</i>	<i>\$1,714.29</i>
<b>TOTALS</b>	<b>\$16,776.53</b>	<b>\$2,582.72</b>	<b>\$19,068.82</b>

Brianna W.	7/21/2019	5	Gary G.	7/11/2003	21
Trish J.	7/16/2018	6	Marc A.	7/28/2003	21
Kevin B.	7/10/2014	10	Mary A.	7/1/2003	21
Melissa M.	7/14/2013	11	David S.	7/5/2002	22
Eric R.	7/10/2012	12	Kelly O.	7/5/2001	23
Lisa L.	7/24/2012	12	Peter U.	7/24/2001	23
Angela J.	7/5/2011	13	Samuel G.	7/23/2001	23
Cathy W.	7/6/2011	13	Martie M.	7/31/2000	24
Deanna R.	7/11/2011	13	Rebecca S.	7/6/2000	24
Eric M.	7/11/2011	13	Val H.	7/24/2000	24
Donna T.	7/18/2011	13	Alicia B.	7/10/1999	25
John S.	7/7/2011	13	David L.	7/1/1999	25
Mark P.	7/13/2011	13	Gordy S.	7/11/1999	25
Heather D.	7/4/2010	14	Jeff H.	7/7/1999	25
Janet P.	7/28/2010	14	Andrew H.	7/15/1998	26
Natasha H.	7/28/2010	14	Myrna T.	7/5/1998	26
Paula T.	7/23/2010	14	Mike G.	7/7/1997	27
Revna H.	7/17/2010	14	Cottrell O.	7/19/1997	27
Rusty R.	7/4/2010	14	Jimmy R.	7/20/1996	28
Stacia V.	7/2/2010	14	Lydia V.	7/27/1996	28
David W.	7/6/2009	15	Terry M.	7/15/1996	28
Dean M.	7/30/2009	15	Addie T.	7/14/1995	29
Jamie B.	7/27/2009	15	Bill G.	7/4/1995	29
John P.	7/5/2009	15	Charles A.	7/27/1995	29
Melinda W.	7/4/2008	15	Aaron A.	7/20/1994	30
Bill G.	7/22/2008	16	Pete K.	7/14/1994	30
Carol C.	7/19/2008	16	Mike B.	7/6/1992	32
Catherine J.	7/3/2008	16	Stephanie M.	7/8/1992	32
Randy D.	7/2/2008	16	Valentina S.	7/25/1992	32
Steven V.	7/27/2008	16	Brenda C.	7/17/1991	33
Susan C.	7/28/2008	16	Dick O.	7/15/1991	33
Yvette L.	7/19/2008	16	Jerry L.	7/4/1990	34
Anna N.	7/15/2007	17	John W.	7/5/1990	34
Anthony H.	7/5/2007	17	Rebecca R.	7/9/1990	34
Deena R.	7/13/2007	17	Herb S.	7/3/1989	35
John Carney	7/19/2007	17	Sandra West	7/8/1989	35
Michael L.	7/9/2007	17	Debbie S.	7/3/1988	36
Nancy C.	7/25/2007	17	Diana C.	7/25/1987	37
Pat G.	7/6/2007	17	Len T.	7/30/1987	37
Scott C.	7/16/2007	17	Lorraine	7/30/1987	37
Talisa C.	7/16/2007	17	Marian G.	7/12/1987	37
Valerie D.	7/17/2007	17	Frank L.	7/16/1986	38
Bryan A.	7/5/2006	18	Jeanie S.	7/22/1986	38
Joe King	7/11/2006	18	Val D.	7/11/1986	38
Kim J.	7/11/2006	18	Susan H.	7/10/1985	39
Polly P.	7/26/2006	18	H. M. Mc.	7/1/1984	40
Rebecca E.	7/4/2006	18	Larry R.	7/7/1981	43
Richard L.	7/10/2006	18	Luanne	7/16/1981	43
Jeremee	7/21/2005	19	Kate M.	7/28/1978	46
Monica M.	7/20/2005	19	Jerry G.	7/28/1976	48
Tammie M.	7/22/2005	19	Mike H.	7/21/1976	48
Lynn K.	7/1/2004	20			
Diane C.	7/25/2003	21			

**Get your groups birthday list to Central Office ... That's how they appear here!**

Total Years = 2,410

## Managers Corner

Have you considered participating in the **Faithful Fivers** club of alcoholics who are so grateful for our sobriety we want to share it with others? SIGN UP TODAY!!

### Thank You Saturday Volunteers!!

- 1st ~ Larry W. & Kurt H.
- 2nd ~ Wendy W. & Vacant
- 3rd ~ Nonna W. & Deborah H.
- 4th ~ Jimmy B. & Vacant
- 5th ~ Stephanie S. & Vacant

*Thank you for allowing me to be of service!!*

*Jeffrey Harlow*

Don't forget to visit us on the Web!

